Thurman Group Global | College Edge | HS and Early College Counselors

The Counselor's Guide to College Readiness

High School and Early College Edition. Closing the gap you already see.

There Is Greatness Inside

HS and Early College Counselor Guide

You see the full picture: the student who looks college-ready on paper but is fragile under pressure. The one with a 3.8 GPA who cannot ask for help. The one with the scholarship who is back home by October. College Edge gives you a validated, clinically grounded tool to close the gap you already see.

25%	r=.31	15	Gr 10-12
Freshman Dropout Rate	Stress Mgmt Correlation to GPA	Coachable EQ Competencies	Highest-Leverage Intervention Window

The Research Case for EQ in Guidance

EQ Predicts Retention, Not Just GPA

Stress Management, Interpersonal skills, and Adaptability show statistically significant correlations with college GPA and retention. These are measurable, coachable competencies - not fixed traits.

DISC Reveals Communication Breakdowns Early

When a C-style student enters a D-style advisor's office, both leave frustrated. DISC gives counselors a framework to identify mismatches before they become crises.

Developmentally Timed Intervention Works

Meta-analytic research confirms EI skills are most receptive to development during adolescence. Grades 10 to 12 represent the highest-leverage intervention window.

Early College Transition Risk

Students transitioning from early college environments to four-year institutions face a unique identity shift. Academic confidence can mask emotional fragility at this stage.

How to Integrate College Edge

01

Identify Tier 1 Students for Priority Referral

First-generation college students, high-academic but low-social-emotional students, and students transitioning to competitive environments are highest-priority referrals.

02

Present EQ Data as a College Readiness Framework

Frame EQ-i 2.0 alongside GPA and test scores. Your test score gets you in. Your EQ keeps you there.

03

Schedule Group Presentations for Junior and Senior Classes

TGG offers school-based group introduction sessions on EQ and DISC. These normalize emotional intelligence language across your student body.

04

Use DISC to Improve Your Own Student Meetings

Identify DISC style within the first two minutes by observing pace, directness, and question type. Adjust your communication for dramatically better rapport.

05

Add EQ Milestones to Your College Readiness Checklist

Add EQ-i completion, debrief, and 90-day development plan alongside FAFSA, housing, and orientation registration.

DISC by Student Type Counselor Application

D Student

Be Direct and Results-Focused

Lead with outcomes: Here is what this assessment will do for your GPA and career. They respond to data and efficiency, not process conversation.

I Student

Use Enthusiasm and Vision

Paint the picture of who they will become. Connect EQ work to their social goals, not just academic ones.

S Student

Build Safety and Reassurance

They need to feel seen before they move. Ask about their concerns, not just their plans. Trust first.

C Student

Provide Data and Structure

Bring research, statistics, and a clear sequential plan. Vague encouragement frustrates them. Specifics build confidence.

The EQ-i 2.0 Composites

SELF-PERCEPTION
Knowing who they are at their core - the identity anchor for the college transition.

SELF-EXPRESSION
Communicating needs and boundaries - the assertiveness gap most at-risk students share.

INTERPERSONAL
Empathy, social responsibility, and relationship quality with professors, peers, communities.

DECISION MAKING
Problem-solving, reality testing, and impulse control under academic pressure.

STRESS MANAGEMENT
The most predictive cluster for GPA and retention - and the most coachable.

Developing emotional skills in early adolescence will allow them to become consolidated personal resources to face risks and promote motivation oriented toward academic success.

FRONTIERS IN PSYCHOLOGY - META-ANALYSIS, EI AND ACADEMIC PERFORMANCE

Share with your student:
thurmangroupglobal.com/guide/students
Share the Student Guide directly with your students.

Partner With College Edge

Bring TGG's EQ-i 2.0 and Maxwell DISC to your school. Group sessions and individual referral pathways available.

Connect With Dr. Thurman

thurmangroupglobal.com/connect