

Thurman Group Global | College Edge | Already in College

Stay On Track. Get Back On Track.

It is never too late to invest in the skills that determine whether you finish.

There Is Greatness Inside

● In-College Recovery and Momentum Guide

You made it to college. Maybe it has been harder than you expected. Maybe the GPA slipped. Maybe you are questioning your major, your friendships, or your reason for being here. That is not failure. That is a developmental moment. The College Edge In-College program exists precisely for this - to help you stabilize, rebuild, and finish what you started.

\$500

In-College Start Program

50%

Off for Continuing Members

+9.9 pts

Avg EQ Score Increase with Coaching

Now

Is Always the Right Time to Start

Diagnosing **Where You Are**



If You Are Overwhelmed

Your Stress Management EQ subscale is under pressure. The EQ-i 2.0 identifies whether the issue is Stress Tolerance, Flexibility, or Optimism - each requires a different intervention.



If You Have Lost Your Direction

Your Self-Actualization and Self-Regard scores are the first place to look. Loss of direction in college is almost always an identity signal.



If Your Relationships Are Fracturing

Roommate conflict, social withdrawal, campus disconnection - these trace back to Interpersonal and Empathy subscale deficits. DISC shows exactly where the communication mismatch lives.



If Your GPA is Slipping

Academic underperformance in college is rarely a content problem. Stress Management (r=.31) is the strongest EQ predictor of GPA. The fix is emotional, not academic.

Your 6-Step Recovery Roadmap

01

Start with the EQ-i 2.0 Higher Education Assessment

20 minutes produces a 21-page personalized report calibrated for the college environment. It is not a diagnosis - it is a mirror with data behind it.

02

Complete the Maxwell DISC Behavioral Profile

Your natural style explains most of the friction you are experiencing. Communication conflicts, study inefficiencies, and team struggles almost always have a DISC explanation.

03

Schedule Your One-on-One Debrief

The debrief is where the data becomes a plan. You and Dr. Thurman identify your 2 to 3 highest-leverage EQ focus areas and build a semester-specific action plan.

04

Rebuild Your Stress Protocol Before the Next Exam Cycle

Identify your stress triggers, your physical warning signs, and your 24-hour reset routine. Build these before the crisis, not during it.

05

Reconnect with Your Academic Support Infrastructure

Tutoring centers, advisors, writing labs, mental health counseling - emotionally intelligent students use the infrastructure around them. Using help is not weakness. It is strategy.

06

Commit to 30 Days Before Making Any Major Decision

Agree to 30 days of implementing your plan before dropping a class, changing a major, or leaving. Research shows measurable EQ growth within one semester with coaching.

DISC In the College Environment

D - Dominance

In College You...

Resist being told what to do, struggle with ambiguous authority, and push through problems alone. Your biggest risk is not asking for help until the situation is critical.

I - Influence

In College You...

Thrive socially but lose academic focus. You may overcommit socially and lean on optimism when a realistic plan is what you actually need.

S - Steadiness

In College You...

Withdraw quietly when things go wrong. You are unlikely to reach out first. You need structure and routine, and struggle when people around you are in conflict.

C - Conscientiousness

In College You...

May spiral into perfectionism or analysis paralysis. A single poor grade can feel catastrophic. Recovery depends on rebuilding a system, not just managing feelings.

The EQ-i 2.0 Composites

SELF-AWARENESS

Naming what you feel with precision, not just stressed or fine.

SELF-REGARD

Holding your identity through setbacks. The anchor that determines whether you recover fast.

STRESS TOLERANCE

Coping with adverse events without falling apart. The number one GPA predictor.

FLEXIBILITY

Adapting when the environment changes. College is a continuous flexibility demand.

ASSERTIVENESS

Asking for help before it is too late. For many students, the hardest skill to build.

IQ and EQ work together to enhance cognitive and emotional skills. When harmonized, they lay a strong foundation for lasting success and personal satisfaction.

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It Is Not Too Late. It Was Never Too Late.

In-College start at \$500. 50% off for continuing College Edge members. The decision to invest in yourself now changes the entire second half of your story.

Enroll Now

thurmangroupglobal.com/college-edge-pricing